Miguel Blue Meringue Cookies

Meringue Cookie Ingredients:

3 large eggs
1 ½ cups confectioners sugar
1 tsp vanilla extract
Blue food coloring

Decoration Ingredients:

White fondant Black fondant

Instructions:

- 1. Preheat the oven to 180°F
- 2. In a large bowl, separate the egg whites from the yolks of three large eggs. Discard the yolks.
- 3. Add confectioners sugar to the egg whites, but do not stir yet.
- 4. In a saucepan over medium heat, bring water to a boil. Place the bowl of the egg whites and confectioners sugar over the water to create a double boiler. Whisk until the sugar is completely dissolved.
- 5. Remove the bowl from heat, and continue whisking until the egg whites become bright white.
- Add the vanilla extract and continue whisking on medium high until stiff peaks form.
- 7. Add the blue food coloring and mix into the egg whites until fully incorporated.
- 8. Prepare two piping bags, one with a large round piping tip and the other with a small round piping tip.
- 9. Fill each piping bag with the blue meringue mixture.
- 10. Cover a baking sheet with parchment paper and use the large piping tip to pipe circles to form Miguel's body.
- 11. Use the small piping tip to create smaller shapes around each circle for Miguel's tentacles and nose.
- 12. Bake for two hours until the meringues have hardened.
- 13. Once cooled, use white fondant to create Miguel's eyes.
- 14. Use black fondant to create Miguel's eyebrows and pupils.